

- Sedation is usually given for all procedures.
- Sedation is not required for flexible sigmoidoscopy but may be necessary.

Recovery Period

- A staff member will call you the day after your procedure to see how you are feeling. If at any time you experience problems, please notify your physician. His/her phone number will be on your discharge instructions.
- You may feel weak and drowsy after your procedure. Do not drive a motor vehicle, operate machinery, make legally binding decisions, or drink alcohol for 24 hours after your procedure.
- Please follow your discharge instructions.

Billing

- CEC accepts most major insurance plans.
- It is important to understand that you will receive a bill from both your physician's office for his professional services, as well as a bill from CEC for the use of our facility.
- If you had biopsies and/or anesthesia services you will also receive a bill from the pathology lab and/or the anesthesiologists for their professional services.

Thanks Again!

We sincerely appreciate your choosing Court Endoscopy Center of Frederick, Inc.! Your referral to family and friends is our highest compliment.

Inclement Weather:

In the event of inclement weather, please call our office for instructions.

Cancellation:

In the event you must cancel please call your physician and the Court Endoscopy Center. If there is no answer you may leave a message.

DIRECTIONS

- **Route 15 North (toward Frederick Community College) to Motter Avenue exit; make right turn onto Motter Avenue/Opossumtown Pike**
- **Go to 3rd traffic light and turn right onto Thomas Johnson Drive**
- **0.8 miles on the RIGHT is Thomas Johnson Court, proceed to the end of the court.**
- **Route 15 South exit Motter Avenue; make left turn. Then follow the above directions onto Thomas Johnson Court.**

You are scheduled for:

- EGD
- EGD with dilatation
- Flexible Sigmoidoscopy
- Colonoscopy

On:

- M W F S

Date/Time _____

Arrive at: _____

Please try to avoid bringing children to the facility.

Please remember that you have received sedation during your procedure and cannot drive yourself home. You must have a responsible adult who will wait at the facility during your procedure and drive you home.

**Accredited by:
Joint Commission on
Accreditation of Healthcare
Organizations**

**COURT
ENDOSCOPY
CENTER
OF
FREDERICK,
INC.**

**85 Thomas Johnson Court
Suite E
Frederick, MD 21702**

*Hours: Monday, Wednesday, and
Friday and 1 Saturday a month.
7:00am to 4:00 pm*

Closed: Tuesday/Thursday

Phone: 301-668-1600

Fax: 301-668-4008

**PLEASE CALL TO
PRE-REGISTER**

Welcome

Thank you for choosing the Court Endoscopy Center of Frederick, Inc. for your gastrointestinal endoscopic services. Choices you make concerning your health are some of the most important decisions you will make. This brochure is designed to help you get to know us and prepare you for your procedure. If you have any further questions, please call. Please remember, your perception of how we care for you is our utmost concern. We welcome suggestions that might help us better serve you.

CEC conforms to state, Medicare and Joint Commission standards in construction, design, policies & procedures, fire protection, safety and handicap accessibility. Our services incorporate excellence in professional care for ambulatory gastrointestinal endoscopy services.

Our expert medical staffs are licensed to practice medicine in the state of Maryland and are board certified in gastroenterology.

Emergencies

In case of emergency, please contact your physician or go directly to the closest hospital's emergency room. Please note CEC is not a latex free facility.

Grievance:

Patient concerns will be reported through our Quality Assurance program.

or www.medicare.gov/ombudsman/resource

The Joint Commission 1-630-792-5636
www.complaint@jointcommission.org
Office of Quality Monitoring
One Renaissance Blvd.
Oakbrook Terrace, IL 60181

State of Maryland - DHMH 1-800-492-6005
55 Wade Avenue
Catonsville, MD 21228
www.dhmh.state.md.us/ohcq/

What is Endoscopy?

Endoscopy is a relatively non-invasive procedure that provides direct visualization of the upper and lower portions of your gastrointestinal tract. This is accomplished by passing a thin flexible tube into the body that enables your physician to examine the lining for abnormalities, obtain biopsies and remove polyps as necessary.

Your Visit

We ask that you bring your insurance card and, if required by your insurance carrier, a referral for services.

- **Follow instructions provided by our providers prior to your visit at Court Endoscopy Center.**

Endoscopic Procedures

EGD (Esophagogastroduodenoscopy)

- This procedure examines the lining of the upper part of your gastrointestinal tract, including the esophagus and stomach.
- Biopsies may be obtained and/or dilation of the esophagus may be performed during this procedure as necessary.
- Preparation for EGD**
- **DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE OR AS INSTRUCTED BY YOUR PHYSICIAN**
- Medications may be taken with small sips of water as advised by your physician.

Colonoscopy

- This procedure examines the lining of the colon (large bowel).
- Biopsies may be obtained and/or polyps may be removed during this procedure.
- Preparation for Colonoscopy**
- **FOLLOW INSTRUCTIONS BY YOUR PHYSICIAN.**
- In order to provide you with a thorough colonoscopy, it is extremely important that your colon is completely clean. This is accomplished by

carefully following the bowel prep that your physician ordered for you.

Flexible Sigmoidoscopy

- This procedure examines the lining of the **left side** of the colon (large bowel).
- Biopsies may be obtained during the procedure.
- Preparation for Flexible Sigmoidoscopy**
- **FOLLOW INSTRUCTIONS BY YOUR PHYSICIAN.**
- Carefully follow the bowel prep you were given.

Sedation

- **Because you will be sedated during your procedure, you must have a responsible adult present during the procedure and to drive you home.**

Dr. Leonard E. Kane, FACG, AGAF
has ownership interest in this center.